

DAY THREE

Using Lord's Prayer in my daily quiet time.

PRAYER – Lord will You help me today as I learn how to use the Lord's Prayer. I really want to learn how to pray. Teach me. In Jesus Name, Amen.

WORD – Read Matthew 6:9-13 KJV. “...*Our Father which art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen.*”

When Jesus used this model prayer for His disciples He was introducing an intimate way of praying. Calling God father shows an intimate relationship. God is a loving father. He is a caring father. He is a close father. He is a father that you can talk to about anything and be accepted. There is a word used in the New Testament referring to father and it is “abba”. It means daddy. It shows the close intimate relationship between a father and his child. The model prayer that Jesus taught includes everything you need in prayer. That's why I like using the Lord's Prayer in my daily quiet time.

CHALLENGE – Try to follow this pattern as you pray today. If you memorize the verse for this week this method becomes very easy and natural.

1. “*Our Father which art in heaven.*” **Thank God for being your father because you received Jesus Christ into your life**
2. “*Hallowed be thy name.*” **Tell the Lord that He is precious to you. He is your righteousness and your provider and your father. He is more.**
3. “*Thy Kingdom come. Thy will be done in earth, as it is in heaven.*” (The word kingdom means the rule of God.) **Ask Him to rule your life today. Whatever He wants to do is ok by you. Your will be done Lord.**
4. “*Give us this day our daily bread.*” **Lord will you meet my needs today. I need _____ and _____. Thank him for caring.**
5. “*And forgive us our debts, as we forgive our debtors.*” **Ask God to forgive you your sins. Be specific. Also tell him that you forgive in advance what people will do to you.**
6. “*And lead us not into temptation, but deliver us from evil.*” **Thank Him for protecting you.** You might want to pray through the spiritual armor of Eph. 6:13-17.
7. “*For thine is the kingdom, and the power, and the glory, forever. Amen.*” **End in the same way you began praising God for who He is. Tell him that He can have all the glory for whatever happens in your life.**

This may seem awkward at first but as you use it daily it becomes a part of you. You can pray a long time this way and include many things or you can pray quickly this way. This is a very old method of prayer. Give it a try today.