

## DAY FOUR

### How do I know what to pray for?

**PRAYER** – Lord many times I don't have a clue on what to pray for. I'm not even sure how to ask You to help me on many things. But I come to You knowing that You want to help me as I pray. Holy Spirit, thanks for always being there when I pray. In Jesus Name, Amen.

**WORD** – Read 1 John 5:14-15. *“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And we know that he hears us –whatever we ask –we know that we have what we asked of him.”*

This seems like a really hard one, knowing God's will for certain things. Many people think that you can't know God's will on anything. I think you can. Many things that God wants done are spelled right out in the Bible. He tells us what to do. We need to get into His Word and see what He is about. Jesus said in John 15:7, *“If you abide in me and my words abide in you then you shall ask what you will and it shall be done unto you.”* Note the process. 1. Abiding or living in Christ. That means we are close and intimate. 2. His words abiding or living in us. We are listening to Him. We are reading His Word the Bible. 3. Asking. Based upon our relationship with Him and knowing His Word we can ask Him to do certain things. We know that He will do those things because those things are what He is about. There are some things in life that you can't figure out and don't know how or what to pray. The Holy Spirit shows up at this time and helps us pray. In Romans 8:26 it says, *“In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.”* When you can't even make a sound He prays for you. So when you don't know how to pray the Holy Spirit helps you. When you clearly see what God's Word is saying, then you know what to pray for. God has you covered both ways. Amen!

**CHALLENGE** – What are you praying for? Write down some things. Look at these things in the light of God's Word. Do they line up with God will according to the Bible? If so you can pray with confidence about these things. Use the Word to test your prayers. If you are having a struggle on how or what to pray, ask the Holy Spirit to help you make your request to God the Father.